

# FASTING AND PRAYER

## Consecration Instructions



**Format:** Scripture Reading , Prayer, Worship, 10 Minutes of exhortation from our ministerial staff on (Phil. 2; Col. 3; and 1 John 3). Individual prayer and group prayer to close. Total time is one hour

**Anointing:** Anointing with oil in the name of the Lord Jesus from James chapter 5. If you were not anointed on the first night, please let ministers know and it will be done before consecration begins.

**Leaders:** Each night, we will acknowledge those leaders present. Support from church leaders will establish a higher level of unity and vision. It is important that all church officers and leaders attend consecration.

**Transportation:** If you need transportation, most likely, someone will travel to or near your destination. Make sure to ask the ministers before the service and we will share the need with the congregation.

**Fasting:** Please participate in the PROGRESSIVE FAST. The first week we fast for one day (Wednesday); the second week we fast for two days (Wednesday and Friday); the last week we fast for three days (Wednesday through Friday). Cut out sweets, meat, and breads (you can drink juices in place of food). Also cut out or greatly reduce television and social media (Facebook, Instagram, Snapchat, Twitter, etc.) Only on fasting days.

**Worship:** Please feel free to offer suggestions for congressional hymns that will enhance our worship experience.

**Group Prayer:** Join 3 other people for the consecration duration. If you cannot find 3 people to pray with, join a group already formed. You will see groups praying during the group prayer portion of consecration. Share prayer requests, but **do not exchange phone numbers or personal information (other than email, all voluntary)**.



**Church hours:** For consecration, church will be open at 6:00pm. Please enter main sanctuary entrance unless you have a key to the church. **Wednesday noon prayer will be announced.**

**Morning Prayer:** Deacon Leroy Mosley will open the church each weekday at 4:30am. Min. Gillian Thomas leads morning prayer at 6:00am. Join one or both based on your schedule.

**Encourage others to attend:** We encourage full attendance from membership unless you are working or sick. Please tell others what God is doing. Miracles will happen, God's presence is already intensified.